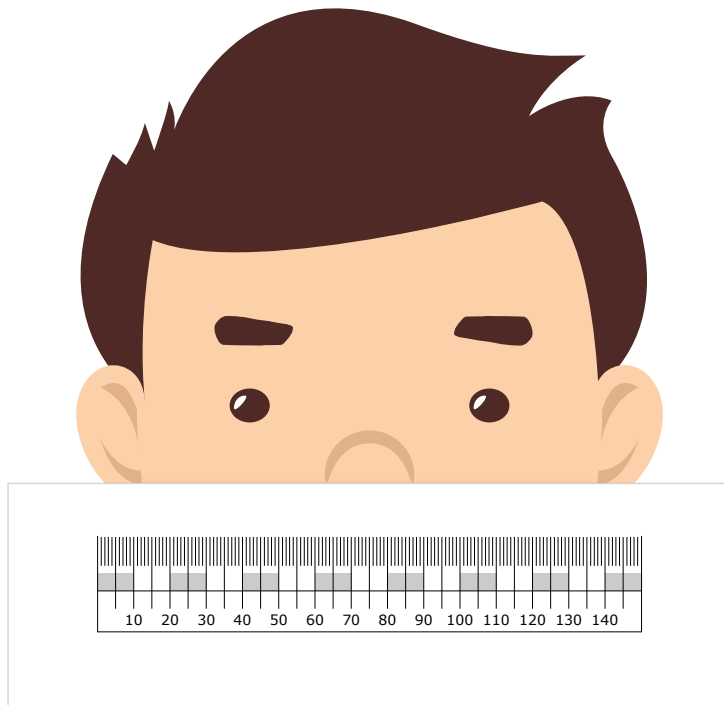


Let us measure your Pupillary Distance (P.D.)

- 1 Print out this page at 100% on A4 Paper (no scaling) so we can accurately measure your P.D.
- 2 Using a mirror or a friend, place and hold this page under your nose.
- 3 Set a camera at approximately arms length and at eye level.
- 4 Remove any spectacles, face straight to the camera and zoom in on the face if possible.
- 5 Looking at the camera lens, take your photo.
- 6 Email the photo to lab@rxsport.co.uk
Quote your name on the email as a reference.



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